

 **Stop Suffering!**

# WE ARE NO LONGER DRY BONES

*I suffered poverty*



*See page 3*

*I was abused*



*See page 4*

*I wanted to kill myself*



*See page 5*

*Depressed & suicidal*



*See page 5*

*Faced rejection*



*See page 6*

*In pain & addicted*



*See page 7*

**YOUR LIFE CAN CHANGE AS WELL**





Marcelo Pires

# WHEN WE ARE FACED WITH THE IMPOSSIBLE

It's natural to encounter negative people who may try to dissuade you, suggesting that you've given your all and it's time to throw in the towel. They mean well, cautioning against pursuits that could potentially harm us or our loved ones. But when that is not the case, don't quit!

We live in a world where sensitivity reigns, and people are cautious with their words, understanding that we never truly know the battles others are fighting. It's essential to respect this awareness and empathy in our interactions.

However, it doesn't mean we should accept defeat when striving to achieve our goals, especially when they involve transforming our lives – securing a job, starting your business, earning a degree, or overcoming addiction.

No, you don't have to agree that giving up is acceptable just because something is difficult!

No, thinking that multiple failures mean you don't have the ability to persist must be out of the question!

No, it's unacceptable to renounce control of your life when there's a chance to turn things around completely!

In times when everyone around you deems it impossible, remember that God created the Heavens and the Earth in six days, using His divine words.

While your situation may seem impossible, nothing is beyond the reach of God, as He promised.



**NO, YOU DON'T HAVE TO AGREE THAT GIVING UP IS ACCEPTABLE JUST BECAUSE SOMETHING IS DIFFICULT!**

It's vital to understand that your life depends on your choices! Don't give up. You might feel weak, rejected, and isolated, but focus not on your doubts but on the promises of the Almighty!

If life has dealt you a challenging hand, and the burden feels too heavy, remember that God extends the same power to those who seek Him. If you do so now, His presence will undoubtedly manifest in your life!

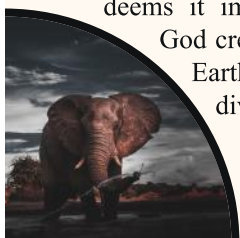
**Jeremiah 29:11** “For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope.”

This is your promise, and for it to materialize in your life, you must align with it. Refuse to accept defeat, regardless of the opinions surrounding you. Hold fast to His promises, for He will never fail you. NEVER! Your journey may be arduous, but with faith, it becomes a path of hope, possibility and victory!

**Psalms 126:5-6** “Those who sow in tears shall reap in joy. He who continually goes forth weeping, bearing seed for sowing, shall doubtless come again with rejoicing, bringing his sheaves with him.”

Do not give up, and you will reap the fruits of joy!

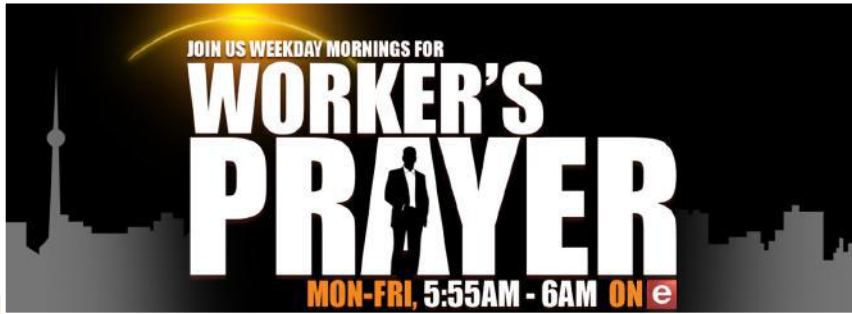
God bless you,  
Marcelo Pires  
mp@mpires.org



**I am**  
**SOUL**  
**PRECIOUS**

**MONDAY - FRIDAY AT 6:30AM**  
**SATURDAY AT 9:00AM**

LIVE ON MARCELO PIRES' FACEBOOK PAGE AND ON FREEDOM ON AIR



## POVERTY TO PROSPERITY

By Albertine Chitswa | [uckg.org.za](http://uckg.org.za)

“My family and I lived in poverty. Our cramped two-bedroomed house housed many people, but there was no income as no one there had a job. I would see other children with new clothes and toys, while we struggled to have electricity and sometimes had to rely on feeding schemes. It was a constant battle to understand why everyone else seemed happy while we suffered.

These challenges took a toll on my academic performance. Hunger and being bullied made it difficult for me to concentrate at school. One of the worst moments was when I attempted suicide as a teenager due to constant bullying and the rejection I faced. I remember once when I went to my friend's house, her father let me in and he locked me in the house. He started undressing me against my will. I pleaded with him to


let me go and he eventually did. The pain and confusion were unbearable, but I found solace in confiding in my supportive mother.

“  
**It was a constant battle to understand why everyone else seemed happy while we suffered**  
”

The turning point came when my mother was invited to attend services in the Universal Church. I noticed a change in her, as she was able to provide for us and meet our needs. Eventually, she encouraged me to attend the church services alone. The church welcomed me

without judgment or criticism, and through attending services and praying, I started to know God on a personal level.

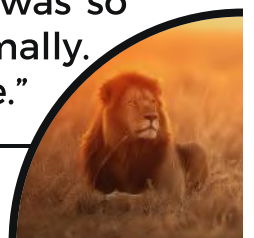
The teachings and guidance offered in church helped me navigate the challenges of life, and I found comfort in the presence of God. As my life improved, I grew stronger inside.

My life is blessed and God is always providing. I am now married and have a family of my own. I no longer feel rejected and I do not live in pain. In God, I have found peace and I have the assurance that He is always there, listening and guiding me,” said Delphine. 



### Sindiswa Nqola

**“I had an excruciating pain in my womb. It was so bad that it restricted me from living my life normally. I am completely healed and I live a blessed life.”**





## HEALING THE WOUNDS OF ABUSE

### NGICISHE NGAFA

By Albertine Chitswa | [uckg.org.za](http://uckg.org.za)

**N**onceba lived a reckless life, frequently getting drunk to the point of passing out. She heavily indulged in alcohol. This behaviour was a coping mechanism, which allowed her to momentarily forget her troubles, but the harsh reality would always hit her.

**“...AND HE BRUTALLY BEAT ME WITH A FAN BELT IN A SECLUDED AREA”**

“I found myself trapped in an abusive relationship, where both my boyfriend and I were toxic to each other. He would resort to physical abuse, and in retaliation, I started cheating on him.

The situation took a dark turn when he caught me cheating, leading to a horrifying incident where he stripped me naked and brutally beat me with a fan belt in a secluded area. Despite my screams, no one

came to my rescue, and he continued his assault with fists and feet before finally leaving me alone in the bush.

Breaking up with him was challenging because he constantly threatened me and anyone I dated afterward. Eventually, I had to leave my home country to escape his grasp. I started attending services in the Universal Church. Initially, my stubbornness prevented me from seeking the help I needed but I eventually decided to commit my life to God.

As a result of the chains of prayers for inner healing, I embarked on a journey of self-forgiveness. I forgave myself and also forgave my abuser. This act of forgiveness proved to be transformative, as I felt a weight lifted from my shoulders, bringing healing and newfound freedom.

Today, I can proudly say that I am a changed person. I



have healed from my past traumas and have moved on to a brighter chapter in my life. I am now happily married to a wonderful man. I no longer drink alcohol or live a reckless life. I can confidently say I am finally at peace with myself,” said Nonceba. 📖

**INNER**  
*Healing*  
**SATURDAYS**  
**8:25AM**

### Adelaide Mokwala

**“I locked myself in a bathroom, consumed pills, and hoped to fade away... My self-worth has been restored, and I believe in myself and my future.”**





## » SUICIDE FELT LIKE THE ONLY WAY OUT



By Albertine Chitswa | [uckg.org.za](http://uckg.org.za)

the hardships, I remained strong and supported my aunt through her illness.

Tragically, my aunt passed away, leaving me feeling devastated and overwhelmed. The burden of responsibility weighed heavily on my young shoulders, and I felt that no one cared about my feelings or considered the emotional toll it took on me. I kept my struggles to myself, finishing grade twelve and taking a gap year before my mother also fell ill.

Feeling the weight of responsibility once more, I grew anguished and turned to drinking as a coping mechanism. I drank excessively, using alcohol to mask the pain I felt. My life was spiralling out of control and I reached a breaking point where I wanted to end my life.

Realising that my life was in a dark and destructive place, I decided to turn my life

around. I started attending services in the Universal Church. I listened to the pastor's teachings about seeking the kingdom of God above all else. It struck me that I had been focused on a lot of things except for my relationship with God.

**“I REACHED A BREAKING POINT WHERE I WANTED TO END MY LIFE”**

Determined to change my ways, I committed myself to God and discovered new avenues for happiness that did not involve alcohol and unhealthy friendships. Gradually, my life transformed for the better.

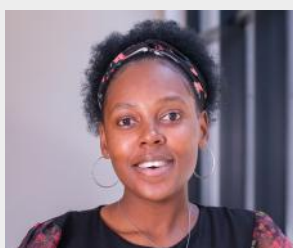
I found joy, peace, and healing within myself, and my home became a place of tranquillity. I became more self-confident and gained a sense of inner strength that allowed me to overcome my past struggles. I am grateful for the newfound peace and joy that God has brought into my life,” said Musa. 📖

**“I** lived with my aunt along with my older sister and her child. My aunt fell seriously ill, and with no one else to care for her, I took on the role of her caretaker. It was a difficult time as she could not recognise me and needed constant attention. Despite

**GAME  
CHANGERS**

**EVERY SUNDAY**

**e 7:35AM**



**Mbali Sibanda**

**“I had so much pain inside of me and was very sad. I felt hopeless. Now, I no longer live in pain and I have found my purpose in life.”**



# REJECTED & SUICIDAL

By Albertine Chitswa | [uckg.org.za](http://uckg.org.za)

Grappling with the weight of rejection and depression, Sharon could not see a way out of her suffering and made desperate attempts to end her life.


"I was rejected and hated by my peers and teachers. My teachers used to humiliate me in front of the class. Because of that, I did not believe in myself and I hated the way I was. I plunged into depression and wished that I had not been born. I always went to sleep, hoping that I would not wake up. I felt empty and did not see a way out of my suffering.

I tried to commit suicide. I drank tablets, but only lost consciousness. The second time, I resorted to ingesting cleaning detergents, but

again nothing happened. I could not confide in anyone because I was afraid that I would be judged. I only wanted to die.

My mother invited me to attend services in the Universal Church and I only went to please her. Attending the services made me realise that I could change and that there was a solution to all my problems. I engaged in the chains of prayers every day and I persevered because I wanted to be free from depression and suicidal thoughts. In no time, I was delivered from depression and suicidal thoughts.

"I PLUNGED INTO DEPRESSION. I WISHED THAT I HAD NOT BEEN BORN"

My life has completely transformed. I am no longer depressed and suicidal. I do not feel empty and my confidence comes from the presence of God. I know that I can overcome any challenge through faith," said Sharon. 



# I FELT UNLOVED

By Albertine Chitswa | [uckg.org.za](http://uckg.org.za)

During Andisa's early years, her mother often drank so much alcohol that she was incapable of caring for the young girl.


"I had to stay with my aunt, but I still felt devoid of love and faced rejection. There were constant conflicts with my cousins. They often called me an outcast, and my aunt would side with them. Frustrated by the mistreatment

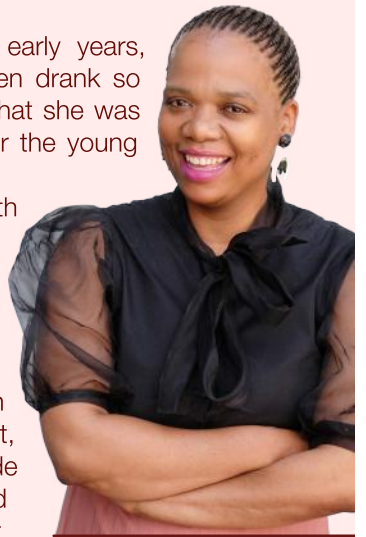
I endured at home, I reached a point where I attempted suicide by swallowing tablets, but nothing happened. I did not have any relationship with my mother. Whenever I visited her, she was intoxicated," she said.

However, an opportunity arose when Andisa received an invitation to attend services in the Universal Church. With attentiveness, she embraced the guidance she received and followed it dutifully.

*"I reached a point where I attempted suicide by swallowing tablets"*

"Through participating in the chains of prayers for my spiritual growth, I dedicated my life to God. I heard the testimonies of people who spoke of their transformative experiences and newfound peace after receiving the Holy Spirit, and that prompted me to seek Him even more fervently.

Now, I have healed from wounds of my past. I am at peace and I am content in every area of my life. I am not suicidal and I found my purpose in life. I no longer feel unloved or rejected because when I received the Holy Spirit, I found the love and acceptance that I had been yearning for," said Andisa. 



## Tholakele Miya

**"I did not respect my husband and often fought with him. My marriage has been restored and we live in harmony."**





**“My** husband was unfaithful to me and he was very abusive. After our separation, I started drinking excessively. The pain of his infidelity was unbearable, especially because it involved people I knew.

In an attempt to cope, I turned to drinking. My children suffered the most. Instead of caring for them and providing for their needs, I chose to prioritise my addiction. I was trapped in a cycle of despair, feeling as though death would be a better option. I longed for something that could alleviate my pain.

My sister suggested that I attend services in the Universal Church. In the church, the pastor preached about the

## » CONQUERING PAIN AND ADDICTION

By Albertine Chitswa | [uckg.org.za](http://uckg.org.za)


importance of personal hygiene and representing oneself well. His words resonated with me, and I started taking care of myself again. I participated in the chains of prayers for my deliverance from addiction. Bit by bit, I managed to break free from the grip of alcohol. However, my children lived with their grandmother due to my inability to provide for them.

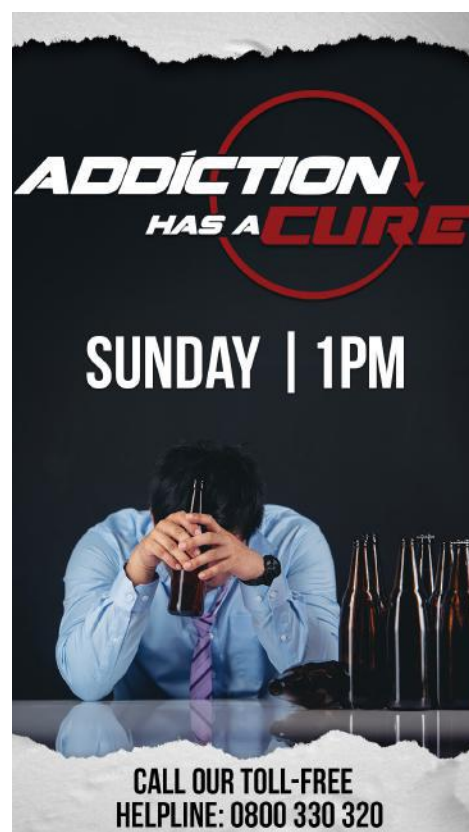
### “THE PAIN OF HIS INFIDELITY WAS UNBEARABLE”

I decided to look for a job and I eventually found one. I devoted myself to prayer, waking up at night to pray and seek the presence of God. I managed to conquer my depression. Following the guidance I received in the church. I also got baptised in water to symbolise a new start in God’s presence.

God has blessed me abundantly. I am no longer addicted, depressed or suicidal. I left my job and opened a day-care centre. I

have found happiness, sobriety, and the ability to care for my children. One of them is now married, and I even look after their children. I am truly grateful and blessed.

I am also working on starting a boarding creche but I approach it with a humble heart, knowing that my success lies in trusting and believing in God,” said Onikah. 



## Nkosana Nyembe

**“I was angry and felt empty. I wanted to kill myself. Today, my life has been transformed. I am no longer angry, empty nor do I want to end my life.”**





# I am SOUL PRECIOUS



**e** | EVERY SUNDAY  
7:00AM

And simultaneously on

**e** | africa

## CATCH THE Woman 2 Woman SHOW, EVERY FRIDAY AT 3PM

FOLLOW VIA THE PROGRAMS BELOW:



**DISCLAIMERS:** The contents of this publication reflect the opinions of the interviewees. This publication is for information purposes only. Opinions and advice expressed do not necessarily represent the views of the Universal Church of the Kingdom of God. The Universal Church does not claim to heal anyone, but believes that through the power of faith in the name of Jesus, a person can receive healing. Those under medical treatment are advised to continue taking prescribed medication and following their doctors' instructions.

FOR MORE ADDRESSES:

**HELPLINE: 0800 330 320 | WEBSITE: UCKG.ORG.ZA**

### GAUTENG

**Holy Ground: 24456**  
Immink Drive, Zone 6,  
Diepkloof, Soweto



Scan QR Code for directions

**Park Station:** 25 Plein Street,  
Johannesburg

**Alexandra 1:** 740 Pretoria  
Main Road, Cnr Link Road

**Benoni:** 70 Cranbourne  
Avenue (Next to African Bank)

**Dobsonville:** 4337 Main  
Road

**Kagiso:** 3362 Cnr Ngalonkulu  
Thulandivile Drive, Hillsideview

**Randburg 1:** 4 Dover Street  
& Cnr Bram Fischer, (Opp.  
Garden Mall)

**Tembisa 1:** 87 Koti Street,  
Lifateng, Tembisa, 1632

**Thokoza 1:** 1838 Rakoma  
Street (Opp Shell Garage)

**Pretoria (Tshwane)**

**Pretoria:** 175 Nana Sita Street  
(Old Skinner Street), Pretoria  
Central

**Hammanskraal:** 4411 Unit  
01 Temba, Kudube

**Mabopane:** 2733 Block B  
(Next to Tlamelong Clinic)

**Mamelodi:** No. 1 Dobolwane  
Street, Cnr Tsamaya Road,  
Mamelodi West (Next to  
Denneboom Station)

### Vaal Triangle

**Vanderbijlpark:** Shop No. 4,  
CR Swart Street

**Sebokeng:** 392 Moshoeshoe  
Street, Zone 10

**Vereeniging:** Shop 1, 8  
Kruger Avenue (Opp Sassa)

### WESTERN CAPE

**Cape Town:** 9 Buitenkant  
Street (Near the Grand  
Parade)

**Khayelitsha:** 54 Ntsikizi  
Street, Ilitha Park

**George:** 121 Cradock St CBD  
(Next to Golden Harvest)

### EASTERN CAPE

**East London:** 5 Gladstone  
Street

**Port Elizabeth:** 45 Norongo  
Road & Cnr Sopazi Street,  
New Brighton

**Umtata:** 36 Owen Street  
(next to Botha Sigcau  
Building)

### NORTHERN CAPE

**Kimberley:** 44 Sidney Street  
**Upington:** Rosebuds  
Shopping Centre, Leeukop  
Street, Cnr Drakensberg  
Street

### KWAZULU NATAL

**Durban:** 465 Anton Lembede  
Street (Opp. Durdoc Centre)

**Newcastle:** 25 Allen Street  
(Next to Allen Motors)

**Pinetown:** 28 Mdoni Centre,  
Crompton Street

**Pietermaritzburg:** 399  
Church Street (Opp. Capital  
Centre)

### FREE STATE

**Bloemfontein:** 60 Oliver  
Tambo Road

**QwaQwa:** Shop #2

Midtown Shopping Center  
Phuthaditjhaba

**Welkom:** 4 Kort street - CBD  
Mario's Taxi Rank Complex

### LIMPOPO

**Polokwane:** Shop 3, 20  
Jorrisen Street

### MPUMALANGA

**Nelspruit:** 40 Bester Street,  
next to Home Choice

**Witbank:** 8 Arras Street,  
Witbank CBD

### NORTH WEST

**Rustenburg:** 134 Kloppe  
Street

**Mahikeng:** 28 Robinson  
Street, Cnr Main Street (Next  
to the Library)